

Managing Anxiety

Helping Kids with Developmental Disabilities Cope and Succeed

Free

- Recognize signs and symptoms of anxiety in children and adolescents with developmental disabilities.
- Learn coping skills and address symptoms through cognitive and behavioral strategies.

Who: Parents/caregivers of *children ages 8+ with developmental disabilities**

When: Wednesday, May 22nd, 2019

Time: 5:30pm - 7:30pm

Where: DDBP 3430 Burnet Ave 5th Floor Rooms 201/202

Registration Link : <https://bit.ly/2UdzJiR> (or search the title of the class on www.Eventbrite.com)

For more information, contact DDBPFamilySupport@cchmc.org or call 513-636-2158.

*Caregivers of children under age 8 are encouraged to attend our "Understanding Behavior" class.

Special thanks to our sponsors: Jack Rubinstein Foundation for Developmental Disorders & the Thomas Family



Unfortunately , childcare is not provided

Autism Spectrum Disorder
Down Syndrome
Intellectual Disability
Rubinstein-Taybi Syndrome
Spina Bifida
Cerebral Palsy
Global Developmental Delay
Speech Disorder

